

Be Part of Positive Change in your Community!

Join us as a Mental Health Young Advisor

11-18? Passionate? Opinionated? Live, work or go to school in West London? Help us reshape mental health services for young people.


By getting involved, you will:

- Meet like-minded people
- Gain skills, experience and a unique opportunity to add to your CV
- Get a reference for university
- Receive regular vouchers
- Be able to join creative opportunities and trips

There are lots of ways that you could get involved including:

- ✓ Participating in community projects and research supporting peer mental health and feedback
- ✓ Helping design mental health resources and information
- ✓ Influencing staff recruitment by sitting on interview panels
- ✓ Creating reels, tiktoks, podcasts or videos for WL Mind socials
- ✓ Mix of monthly in-person meetings with food and refreshments & online meetings

To join scan the QR Code or email us:
Get-Involved@wlmind.org.uk

West London mind

JOIN NOW!

