

**HELP US IMPROVE HOW YOUNG PEOPLE GET MENTAL HEALTH SUPPORT IN THE COMMUNITY**

• We would like to involve parents of teenagers aged 14–16 years in two workshops.

• You'll be provided with gift vouchers at a rate of £30/hour for taking part

• Your views and personal information will be kept anonymous

**WE'D REALLY LIKE TO SPEAK TO YOU IF YOU ARE A PARENT OF A TEENAGER AGED 14–16 YEARS WHO:**

- Has had mental health difficulties (e.g. anxiety/depression) and/or
- Is neurodiverse
- Has experienced difficulties with money within their family recently and/or
- Has experience of the care system and/or
- Is from a Black, Asian or minority ethnic background

You can find out more information about the study here:

If you are interested in taking part, please let the researcher know by completing a short online form:

Phase Two: Parent Advertisement Poster Systems Mapping Workshops 05/09/2024 v.3

### Parents and Carers of Teenagers Wanted for Mental Health Study! Paid Opportunity!

Young Ealing Foundation are supporting a university research study by hosting two workshops for parents of teenagers aged 14 -16. They are being held at YEF office (W13 9NB) on Wednesday 9th July 2025 10am – 12pm and Wednesday 16th July 2025 10 am – 12pm.

They are looking specifically for parents of teenagers aged 14-16 , with particular interest in those who have:

- Experienced mental health difficulties (e.g. anxiety/depression)
- Are neurodiverse
- Experienced difficulties with money within their family recently
- Experience of the care system and/or
- Are from a Black, Asian or minority ethnic background

They want the same parents attending both workshops. Parents will receive a gift voucher from a choice of retailers (e.g. Love-2-Shop) at the rate of £30/hour. If they participate in both workshops that's a total of £120. Childcare and travel remuneration can also be discussed if it is a barrier to participation.

Link for sign up is [https://exe.qualtrics.com/jfe/form/SV\\_ezly0KFPaEFBf8?Q\\_CHL=qr](https://exe.qualtrics.com/jfe/form/SV_ezly0KFPaEFBf8?Q_CHL=qr)