

Emetophobia Workshop

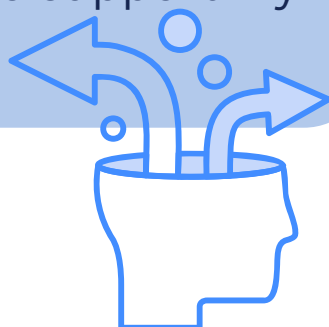
Emetophobia is also known as a sick or vomiting phobia. It can affect everyday life including: eating, attending school, getting on transport or socialising.

Ealing MHST are offering a free parent/carer workshop where you can learn more about Emetophobia and how to support it.

6th October ~ 12:30-1:30pm ~ ONLINE

What will we talk about?

- What is emetophobia?
- The role of the fight, flight, freeze response
- How to identify emetophobia
- What keeps emetophobia going?
- Strategies to support my child



How do I sign up?

Use the QR Code/link below:



<https://forms.cloud.microsoft/e/SwRA7kF4Ka>