FREE

online parenting workshop

EMOTIONALLY-BASED SCHOOL NON-ATTENDANCE

Delivered by:
MHST team, Ealing school nursing team, Ealing HIT team & Springhallow School

This workshop will help parents and carers understand Emotionally Based School Non-Attendance (EBSNA), recognise early signs and understand the support available in Ealing. Short presentations will include:

- what EBSNA is, early signs, and practical tips to help parents explore and support anxiety with their child.
- the Ealing context and what is being done locally to support EBSNA.
- support through schools, the importance of communication and collaboration, and the impact of SEND and available support.
- how School Nursing can support families when they are concerned or unsure what may be affecting their child, how to refer, and the support the service can offer.
- MHST: how to access support where anxiety or emotional wellbeing needs have been identified, what support may look like, and further signposting where appropriate.

Tuesday, 17th November 2026
10am-12pm
via MS Teams

email parentingserviceadmin@ealing.gov.uk to register or for more info

London Borough of Ealing

SUPPORTIVE ACTION FOR FAMILIES IN EALING

EALING PARENTING SERVICE