

LET'S GET ACTIVE

Event



JOIN YSN AND EALING MENCAP FOR OUR INCLUSIVE "LET'S GET ACTIVE" EVENT FOR YOUNG PEOPLE WITH ADDITIONAL NEEDS AGED 11-25, DELIVERED IN PARTNERSHIP WITH YAC. ENJOY A MIX OF SPORTS, GYM ACTIVITIES, DANCE SESSIONS AND A CREATIVE ZONE OPEN TO ALL!

**VENUE: YOUNG ADULT CENTRE
PARK VIEW RD, SOUTHALL
UB1 3HJ
DATE: THURSDAY 28TH
MAY
TIME: 12:00 PM - 3PM
ENTRY COST: FREE!**

- DANCE INSTRUCTORS
- MULTI SPORTS SESSION IN THE MUGA WITH SPORTS COACH
- TRADITIONAL BOARD GAMES
- LARGE GAMES
- CREATIVE ART ZONE
- FREE PIZZA, SNACKS AND DRINKS!



SCAN HERE TO BOOK



[OR CLICK HERE TO FILL OUT THE FORM](#)