

## WELCOME Y7 PARENTS!!

### Coffee Morning

- Parent ambassador Mouna Zounaki
- Support and create opportunities for parents.
- Create a support system.
- Share ideas, thoughts and concerns about the school.
- Seek support from the school.
- Opportunity to grow with your child during their journey at Dormers Wells High school.

### Tips for parents

- Look their timetable regularly and check their diary for homework will help you know what they are doing and what is expected. You can then help them plan around the family life, school and social life they have.
- Encourage them to ask for help when they need it.
- Ask them questions about their school life.
- Give them time to adjust to a faster pace and new environment.
- Look for the things that are going well and encourage them. Don't expect them to get everything right all at once. Trust that they will grow and get used to the change in time.
- Encourage them to take responsibility and be independent.
- Motivate your child to try new things, make new friends, participate in school events/activities.
- Contact the school when you have concerns, questions and need support for yourself and/or your child.

#### Transition from primary to high school

- Can be daunting and scary for parents
- Children in new environment with older children.
- Travelling to and from school on their own.
- Learning is advanced and more intense than primary education.
- Children have more freedom and independence.
- New environment and different ways of doing things
- New teachers.
- Making new friends that you haven't met.

# How much should your child be reading?



## 15 to 20 minutes daily

## How much homework does your child receive on average?



### 45 to 90 minutes per day

## How many hours of sleep should your child be getting each night?

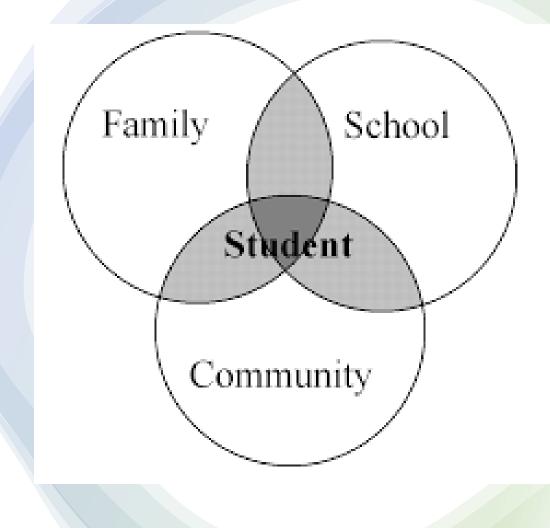


## 8 to 10 hours of sleep daily.

#### Reminder!

- Check MyEd regularly for updates (if you still have not downloaded MyEd or need help please let us know).
- Browse our website. there is so much amazing information to support parents and students.
- Follow our social media to see the great things happening in our school.
- No mobile phones allowed- if you have concerns about your child traveling to school alone, please contact reception for more support.
- Breakfast club start at 7.45 am
- School library open from 8am to 5pm (4pm Wednesday)

• This represents a bond that is created between parents and educators, allowing them to be in communication with each other. That way, we can bridge the gap between home and school life, allowing students to be truly immersed in their learning.



#### Parental engagement.

- Research has shown that, despite income or background, a student that has parents engaged in their education is more likely to succeed higher in multiple areas.
- Having parents involved mean that parent the opportunity to implement change.
- Children progress 15% or more in maths and reading between ages of 11 and 16 years when parent take an active interest in their education.
- Outcomes are longer lasting/permanent.
- The school has the opportunity to grow because of parental feedback.
- Lower levels of poor behaviour, exclusions, poor attendance and bullying.
- Support children mental wellbeing

#### Future events

- Throughout the year the school will host events to support parents. These are amazing opportunities for you to learn, receive support, share concerns and opinions, help the school grow.
- Coffee mornings/afternoon for all year groups.
- Workshops (cyber safety, homework support, curriculum support, higher education, talking to teenagers, SEND support, bullying and behavior, CV support, learning development for adults, ESOL, cost of living, signposting)
- Events to celebrate special occasions, student achievement.