## **Dormers Wells High School**

MATHS AND COMPUTING SPECIALIST SCHOOL

Headteacher: Ms R. Walsh B.A.Hons M.Sc.

Dormers Wells Lane, Southall, Middlesex, UB1 3HZ Tel: 0208 566 6446 Fax: 0208 813 2411 Email: jrana@dwhs.co.uk

23<sup>rd</sup> May 2022

Dear Parent/Carer,



Please note that this Half Term ends for students on **Friday 27<sup>th</sup> May 2022.** All students are expected to attend school in full school uniform on that day. Students will return to school after half term on **Monday 6<sup>th</sup> June 2022** at the normal time of 8.45am (Week 2).

### **Reducing Stress**

The exams and assessments do create a lot of additional pressure on pupils, and it is important that we work together to reduce their stress levels and help them manage their mental health. We are fortunate that we have our own full-time counsellor in the school, but I share the following link Kooth mental health support <u>https://www.kooth.com/</u> which you may find useful. Kooth is an NHS Commissioned digital mental health service that provides free, immediate, online counselling every day until 10pm with no waiting lists. It is available to young people aged 11-25. A video about Kooth and the website is available to access 24/7, with online counsellors available from 12-10pm weekdays and 6-10pm at the weekend.

#### **Free School Meals**

If your child is eligible for benefits-related Free School Meals, then Ealing Council will be providing your household with additional financial support during the May half term holiday. You will shortly receive a supermarket voucher to support you to meet food and other essential costs over the school holiday.

A company called Blackhawk Network is administering the voucher scheme for Ealing Council.

If you have not received a voucher code by 1<sup>st</sup> June 2022, please first check your junk or spam mailbox folder. Otherwise, please complete the online contact form at <u>www.select-your-reward.co.uk/ContactUs</u>. Please do not contact the school directly regarding your vouchers.

#### Other support available

Anyone struggling to meet food costs, cover their rent or purchase essential items can apply for financial assistance. To find more information or to make an application go to: <u>https://www.ealing.gov.uk/info/201264/help\_for\_residents/2687/help\_with\_your\_money/2</u>



Dormers Wells High School is part of Dormers Wells Learning Trust, a charitable company limited by guarantee, registered in England and Wales (company number 11066479), c/o Dormers Wells High School, Dormers Wells Lane, Southall, UB1 3HZ

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I would like to thank the students for their diligence and achievements so far. We have so many success stories to share and good news items to celebrate together. I would also like to thank the staff for their dedication and hard work, as well as parents and carers for your continued support of Dormers Wells High School and our students.

I hope you and your family have an enjoyable and restful break.

Yours faithfully,

Ms R Walsh Headteacher



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