



**EALING
PARENTING
SERVICE**

ONLINE PARENTING WORKSHOPS IN APRIL & MAY 2024

TUESDAY

16

APRIL

Separation & Divorce

When a family breaks up, it is hard for everyone, but this is a reality many children face. In this workshop, we look at practical steps parents/carers can take to ease the impact of their separation on their children, and help them feel safe and secure amid their parents' break up

TUESDAY

30

APRIL

Child to Parent Aggression - How to Deescalate and Improve Communication

In this workshop we will explore potential causes and contributors to your child's aggression. You will gain more understanding of the link between your child's behaviour, feelings & needs. You will learn about strategies to help manage behaviour now and in the future.

TUESDAY

14

MAY

Parent Relationships and It's Impact on Parenting

In this workshop we will look at what makes and breaks relationships and the impacts of these relationships on parenting your child/children.

WEDNESDAY

15

MAY

Talking Teens SEN - Managing emotions and sensory needs

Learn tools to support your teen to understand and manage their emotions, to help them to feel calm and in control. Get tips on how to direct their behaviour and deal with outbursts when they happen and have a chance to have your questions answered.

This workshop is for parents and carers of secondary school-aged children with neurodevelopmental disorders ASD or ADHD (no formal diagnosis is needed)

**All our workshops run from 10am-12pm and are held online
via Microsoft Teams**

**email parentingserviceadmin@ealing.gov.uk to register your place.
We will need your name/email and mobile number**