

FREE

online parenting workshop

Delivered by **Barbara Borghetto**
- Ealing Parenting Service

MANAGING EMOTIONS AND SENSORY NEEDS

VIA MS TEAMS

Learn tools to support your teen to understand and manage their emotions, to help them to feel calm and in control

Get tips on how to direct their behaviour and deal with outbursts when they happen

A chance to have your questions answered

This workshop is targeted for parents and carers of secondary school-aged children with neurodevelopmental disorders ASD or ADHD (no formal diagnosis is needed)

WEDNESDAY 15TH
MAY 2024

10AM - 12PM

email parentingserviceadmin@ealing.gov.uk to register your place